



# Johnstone High School Online Parental Workshops

**JOHNSTONE  
HIGH SCHOOL**  
DETERMINATION HONESTY RESPECT  
FRIENDSHIP TRUST RESPONSIBILITY

As a result of our parent surveys we are delighted to be able to offer a range of online workshops to help support young people and their parents and carers. The online workshops are designed to support health and well being as well as the learning of the young people in Johnstone High School

## **My Future: The role of Employability at Johnstone High School**

The aim of this workshop is to highlight how young people can be supported into positive destinations such as Apprenticeships, Mentoring and Career Pathway Programmes.

**Thursday 25<sup>th</sup> February at 7pm**

## **Strategies to support pupils with Dyslexia**

This workshop will offer strategies and tips to assist with the learning of young people who have dyslexia

**Tuesday 9<sup>th</sup> March at 7pm**

**Parents and carers will be able to sign up for each workshop by visiting the school website.**

## **Using Satchel One and MS Teams.**

This workshop will support parents and carers as to how to use these online platforms.

**Tues 23<sup>rd</sup> March at 7pm**

## **UCAS**

This workshop will offer advice for parents whose children are currently in S4 and S5 who are considering applying for university in session 2021/22

**Thurs 25<sup>th</sup> March**

## **Supporting a young person with Anxiety**

This workshop will address what anxiety is, how a young person might experience it and give a range of strategies to deal with it.

**Thur 18<sup>th</sup> March at 7pm**

## **Conflict resolution**

This workshop will offer advice for parents where the lockdown has presented new challenges with balancing on line learning with household tasks or caring responsibilities.

**Tuesday 16<sup>th</sup> March at 7pm**

## **BGE Study Skills**

This workshop will offer study hints and tips to assist with learning among the pupils in S1 – S3

**Thurs 4<sup>th</sup> March at 7pm**

## **Senior Phase Study Skills**

This workshop will offer study hints and tips to assist with learning among the pupils in S4 – S6

**Thursday 11<sup>th</sup> March at 7pm**

## **Sleep and Relaxation**

This workshop will encourage the need for a regular sleep pattern and offer relaxation techniques.

**Tuesday 2<sup>nd</sup> March at 7pm**